

INFLUENCING YOUR OWN SUCCESS

(one day programme)

Who better than you to take ownership of your own career and your own destiny?
The future is in your hands. This one-day programme will give you the tools, support, and the inspiration you need to influence your own success.

PREPARATION

- Two extracts/clips on development and work-life balance
- Career anchors inventory
- Interview three key stakeholders to gain their perspective on your achievements

THEORY

- Influencing styles
- Career drivers
- What motivates self and others
- Careers - a fresh perspective
- Agility and resilience
- Networking theory in the 21st century
- Forecasting the future world of work in a VUCA world

KEY OUTPUTS

- Take greater control of your career direction
- Balance work and life
- Understand personal influencing style
- Recognise career anchors
- Build career resilience
- Overcome self-imposed barriers to personal goals

PRACTICAL WORK

- Career anchors feedback
- Step-by-step career conversations
- Identifying stress triggers and developing resilience
- Evaluating personal work-life balance
- Finding and articulating your strengths
- Recognising achievements
- Developing positive networking strategies

PERSONAL VALUE

- Increased self-confidence
- Understanding of personal drivers
- Knowledge of strengths
- Ability to contribute effectively and sustain performance with greater work-home balance

ORGANISATIONAL VALUE

- Raised personal confidence
- Clarity on strengths and motivational drivers
- Greater understanding of the contemporary world of work
- Increased engagement and performance