

# The Oakridge Centre's Embracing Difference Example Programmes

- Being an Active Bystander
- Active Allyship and supporting minority groups
- Banter vs Bullying
- Behavioural Change
- Change Management (intro)
- Accelerated Performance Coaching (6 sessions)
- Coaching for Performance
- Coaching Skills for Managers/Frontline Managers
- Cognitive/Neuro Diversity – Thinking Differently Together
- Conflict Handling
- Culture Awareness
- Embracing Difference Awareness Skills
- Engaging Conversations
- Foundation Skills for New Managers
- Front Line Manager Foundation and Coaching Skills
- Human Performance and Error Management
- Implementing Performance Management
- LGBTQ+ Awareness
- Managing Sickness and Absence at Work
- Menopause at Work
- Mental Health Awareness
- Mental Health First Aid (Certified)
- Networking and Building Impactful Relationships
- Paying Attention to What Happens
- Strategic Decision Making
- Stress Management
- Top Tips for Managers
- Wellbeing

## Get in touch

For an informal conversation to discuss how we might be able to support your organisation, please contact us.

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